

## Breakfast Club 7.30am – 9am

**Toast** Contains **Wheat, Soya**

**Weetabix** Contains **Wheat, Barley, Milk**

**Rice Crispies** Contains **Barley, Milk**

**Muti Grain Hoops** Contains **Wheat, Barley, Oats, Milk**

**Porridge** Contains **Oats, Milk**

**Choice of Milk or Water** Contains **Milk**



## Morning Snack 10am - 11am

Drinks provided are: Water and milk throughout the day and at meals times.

Snack is a selection of the following:

### Fruit

Easy peeler oranges

Banana's

Apples

Raisins



### Dairy

**Milk** Contains **Milk**

**Cheese** Contains **Milk**

**Yogurt** Contains **Milk**

**Butter** Contains **Milk**



### Carbohydrates

**Brown Bread**

Contains **Milk, Wheat, Soya**

**Crackers**

Contains **Milk, Wheat, Barley**

**Bread Sticks**

Contains **Milk, Wheat, Barley**

**Crackerbread**

Contains **Milk, Wheat, Barley**

**White Bread**

Contains **Milk, Wheat**



## Evening Snack at 4.45pm

Baked Snack onsite is a selection of the following:



**Queen Cakes** Contains **Milk, Egg, Wheat**

**Scones** Contains **Milk, Egg, Wheat**

**Apple Sponge** Contains **Milk, Egg, Wheat**

**Cookies** Contains **Milk, Egg, Wheat, Barley, Soya**

**Banana Bread** Contains **Milk, Egg, Wheat**



**Allergens Highlighted in Red**