Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Chicken Curry + Boiled Rice	Beef Casserole + Mashed Potatoes	Shepards Pie	Fish Fingers Cabbage + Sweet corn Mashed Potatoes	Spaghetti Bolognese
Allergens	Contains Mustard, Vegetable oil	Contains Wheat, Milk, Soya, Sodium Metabisulphite	Contains Wheat, Milk, Soya, Sodium Metabisulphite	Contains, fish, soya, wheat, Sodium Metabisulphite	Contains Wheat, Soya, Milk, Celery, Vegetable oil
Tea	Pesto Pasta & Grated Cheese + Fruit	Brown Bread & Beans + Fruit	Tuna Pasta Bake + Fruit	Savory Vegetable Rice + Fruit	Toasted Ham & Cheese Sandwiches + Fruit
Allergens	Contains Milk, Wheat	Contains Wheat, Milk	Contains Wheat, Milk, Celery, Soya, Fish	Contains Celery, Soya, Wheat, Vegetable oil	Contains Wheat, Soya, Milk

Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Chicken & Sweetcorn Pasta + Fruit	Shepard's Pie	Chicken Curry & Boiled Rice	Fish Fingers Turnip, Peas & Potatoes	Chili Con Carne & Rice
Allergens	Contains Wheat, Milk, Celery, Soya, Vegetable oil	Contains Wheat, Milk, Soya, Sodium Metabisulphite	Contains Mustard, Vegetable oil	Contains Fish, Wheat, Barley, Soya, Sodium Metabisulphite	Contains Wheat, Vegetable oil
Tea	Spaghetti & Brown Bread + Fruit	Vegetable Soup & Brown Soda Bread	Vegetable Potato Bake with cheese	Vegetables & Noodles	Pesto Pasta + Fruit
Allergens	Contains Milk, Eggs	Contains Celery, Wheat, Soya, Milk	Contains Milk Sodium Metabisulphite	Contains Eggs, Wheat, Soya, Vegetable oil	Contains Wheat, Cashew Nuts

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Tuna & Vegetable Pasta Bake	Beef Stew & potatoes	Chicken Curry & Boiled Rice	Lasagne + Fruit	Chicken Casserole & Potatoes (SA)
Allergens	Contains Gluten, wheat, Vegetable oil	Contains Wheat, Milk, Soya, Sodium Metabisulphite	Gluten, wheat, fish, Vegetable oil	Gluten, wheat, Vegetable oil	Wheat, Gluten
Tea	Beans & Toast + Fruit	BBQ Chicken, Pasta, Green Beans + Fruit	Fish Fingers & Spaghetti + Fruit	Boiled Eggs & Brown Bread + Fruit	Toasted Ham & Cheese Sandwiches + Fruit

Week 3

Allergens	Contains Wheat, Milk	Contains Wheat, Barley	Contains Fish, Wheat, Barley, Soya	Contains Wheat, Eggs, Milk	Contains Wheat, Milk